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"The clown was not invented by a single individual, nor is he exclusively a product of Western civilisatino. Instead he has bene perpetually rediscovered by society because - as fool, jester, and trickster - he meets compelling human needs." -- pg. 4. This book is a practical guide for clowning. It is filled with tools and techniques that will help you find your clown and become more open to your creative sources. The author examines and makes use of the powerful qualities that children possess: imagination, innocence, purity, spontaneity and lust for life. A clown is playful and optimistic. From behind world's smallest mask, the red nose, he invites people to drop their own masks and show

their true selves. Being very sensitive, he is able to touch them deeply. This so-called contact clown wants to make a connection from heart to heart. Kurstjens is convinced that clowns can play a crucial role in our society: they can bring people together through their open communication. This richly illustrated book comes with 25 practical exercises, and provides useful information about essential themes in life: setting boundaries, overcoming emotional blockades, and daring to be vulnerable. It is not only meant to inspire clowns and clowning instructors, but also coaches, (communication) trainers, and everyone else who is interested in personal development. Ton Kurstjens (born in the Netherlands, 1959) started as an improvising clown in 1983. He played in Duo Het Elftal and Duo Biek and currently he conducts clowning courses for individuals and workshops for businesspeople. He also directs the clowning theatre performance *Met de Neus op de Planken* (literally: With your Nose on Stage) and he supports clowns and clowning groups. In this book, Paul Bouissac, pioneer and master of the scientific approach to circus arts, demonstrates in a complete and brilliant way, by semiotic, anthropological and cognitive approaches, how the clowning art is a multimodal and complex act of communication, which produces laughter and sense through cognitive and cultural constructions shared by artists and spectators. THE definitive reference to understand clowning **CLOWN YOURSELF** is a useful manual for both clown students and facilitators. Within its pages Caroline shares what she has been exploring with her students since publishing her first book, *The Clown In You*. The first part is packed with valuable information, exercises and examples, whilst the second offers ideas on how to practice different aspects of the art of clowning in your daily life. *Clown Yourself* aims to reinforce and broaden your understanding of clown technique, as well as encourage you to think and behave in clown-like ways in your daily life. Part 1 is full of useful and interesting information such as: why it's so important to keep digging into the depths of our stupidity, the clown games that never fail to work, how having problems can enhance the comedy, why telling lies is so vital to creativity, what strategies to apply when things aren't going as planned, etc. All, of course, peppered with exercises, examples and quotes. Part 2 offers four weeks of "clown practices", fun experiments you can make in your everyday life. They are designed for you to maximize your clown creativity during the week so as not to lose momentum between courses or performances. **PART 1** Chapter 1 gives you an overall view of the book's content and an explanation of how the daily life clown practices came into being. Chapter 2 contains a whole stack of persuasive reasons why to clown and keep practising regularly. Chapter 3 tackles the thorny issue of identity and explains in depth why maintaining a concrete idea of "who you think you are" will only limit your clown's ability to be

generous with who you really are. Chapters 4 to 7 cover specific areas of clown technique . Each chapter contains explanations of the reasons for, and reasoning behind, each element of the technique, plus exercises and examples of how it all works on a practical level. Chapter 8 details the many challenges you face when improvising and offers a series of blueprints to facilitate your ability to make better, bolder and more comic choices. PART 2 Four weeks of Monday to Friday clown practice options to keep you homing in on your clown skills and throwing yourself into the comic fray... day after day. \_\_\_\_\_FAQ\_\_\_\_\_ IS IT FOR ME? This book is for clown and theatre students, clown teachers, voluntary hospital clowns, professional clowns, comedians, actors, laughter therapists, anyone interested in clowns or clowning and anyone looking to understand in greater depth the techniques, games and practices contemporary clowns are using to, win over their audiences and create laughter. WHY BUY IT? Caroline has worked with clowning from the inside out and the outside in. She writes from the perspective of a life spent investigating her art, both as a professional clown and as an international clown teacher. After writing her first clowning manual, she created many new courses offering students different chunks of information regarding technique. The insights she gleaned from leading these courses and the students who took them proved too compelling not to be documented. This manual took six years to write and it may take you the same amount of time to assimilate all that it contains!

CREDITS  
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MAYBE YOU'RE ALSO INTERESTED IN CAROLINE DREAM'S FIRST BOOK: THE CLOWN IN YOU  
Don't touch the clowns, and don't let the clowns touch you. Just off of highway 95 in the state of Nevada, there lies the small town of Tonopah. For miles around, it's desolate and in the silence, there lies one lonely motel. Across from the motel is an old cemetery where miners were buried. It's not the ghosts within the cemetery that will make you run in fear...for those of you faint of heart and fearful of clowns, this is not a delicate story. America's scariest motel is haunted...by hundreds of clowns. Spending the night in this creepy Motel is definitely a true test of courage, because it's full of clowns. There are clowns tacked onto the doors, shelves of clown dolls starring at you with their beady glass eyes, and collectibles in the lobby that are neatly seated in chairs as if guarding the place from harmful intruders. There are clown paintings on the walls that look at you. And if you have a second floor room, you can look out from the balcony and see why the motel is so eerily quiet and dark at night. It's the cemetery. The Clown Motel stands right next to Tonopah's old,

dusty, unlit cemetery. Closed for over one hundred years, it's packed with the graves of the town's miners who died very unpleasantly. That should be cause for panic and even more so, if you've ever watched the movie Poltergeist, and you decide to spend a night at this unique lodge. Spend at least a minute or two wondering if, just maybe, part of a cemetery full of graves of men who died horrible deaths once stretched underneath land now occupied by the Clown Motel... I tell this story with locked doors and windows. I was one of the lucky ones. They are coming. They are coming for me. As the saying goes, you can check out any time you want, but you can't leave. There's a lot more buried there than you might think... "During the last 300 years circus clowns have emerged as powerful cultural icons. This is the first semiotic analysis of the range of make-up and costumes through which the clowns' performing identities have been established and go on developing. It also examines what Bouissac terms 'micronarratives' - narrative meanings that clowns generate through their acts, dialogues and gestures. Putting a repertory of clown performances under the semiotic microscope leads to the conclusion that the performances are all interconnected and come from what might be termed a 'mythical matrix'. These micronarratives replicate in context-sensitive forms a master narrative whose general theme refers to the emergence of cultures and constraints that they place upon instinctual behaviour. From this vantage point, each performance can be considered as a ritual which re-enacts the primitive violence inherent in all cultures and the temporary resolutions which must be negotiated as the outcome. Why do these acts of transgression and re-integration then trigger laughter and wonder? What kind of mirror does this put up to society? In a masterful semiotic analysis, Bouissac delves into decades of research to answer these questions."--Bloomsbury Publishing. The Art of Clowning is the first book on clowning technique and offers a step-by-step process for actors and other theatrical enthusiasts to discover their inner clown. This fun and accessible guide expands on theories and exercises to help students and beginners develop solo and group performances. Now with even more ways to find your inner clown! "An imaginative and thought-provoking study of clowning in Rotuma, especially of ritual clowning in contexts of marriage ceremonies and the weaving of fine mats.... Completely fascinating." —Canberra Anthropology "A challenge to readers both in its form and content.... This book conveys the lively, complex and often hilarious elements, both of daily life and celebratory rituals, as they are expressed in contemporary culture." —Journal of Intercultural Studies "Clowns' slapstick is their primary mode of performance and allows them to provoke audiences to laughter wherever they perform. This innovative book, focussing on contemporary practice in the USA and Europe over the last 50 years, investigates the nature and function of clown

performance in modern society. Through analysis of clowning in a range of settings - theatre, the circus, hospitals, refugee camps and churches - Peacock establishes a theoretical framework for the evaluation of physical comedy. Peacock explores clowning that takes place outside of conventional venues, and also the therapeutic potential of clowning in clown doctor organisations, refugee camps and war zones. *Serious Play: Modern Clown Performance* is the first book of its kind to consider clowning performance venues and performance styles in the light of Play Theory, including comparisons of traditional clown comedy with contemporary circuses such as Circus OZ and Cirque du Soleil, and an in-depth look at famous clowns such as Nola Rae and Slava Polunin."--Publisher's description.

Eighteen poems introduce a variety of clowns. Although this book is intended for actors and directors who have decided to devote their lives to the Art of Clowning and includes a much-needed manual with a set of the exercises for training of Actor-Clowns and Healthcare Clowns, developed by Vladimir Olshansky, artistic director of the nonprofit Italian organization Soccorso Clown, it undoubtedly could be of interest both to lovers of theater and circus and the general public who would like to get a backstage glimpse of this fascinating profession, to discover what it takes to become an Actor-Clown and a Healthcare Clown. *The Art of Clowning* is the first book on clowning technique and offers a step-by-step process for actors and other theatrical enthusiasts to discover their 'inner clown.'

This fun and accessible guide expands on theories and exercises to help students and beginners develop solo and group performances. The Fourth Edition has full-color photos and drawings throughout. Known as the "Bible of Clowning" by professional clowns, this fun-filled book goes beyond merely explaining how to perform the physical skills, it teaches the reader how to use these skills creatively to become funny and entertaining. Drawing from the combined experience and talents of eight professional entertainers and respected authors, this book provides step-by-step instructions on everything from juggling to makeup, and being funny, to setting up and operating a home-based entertainment business. Includes information on comedy magic, stiltwalking and unicycling, balloon sculpting, funny juggling, fun with puppets, silly music, balancing buffoonery, mime and physical comedy, makeup and wardrobe, developing a lovable character, controlling an audience, creative use of props, how to create funny routines and gags, how to be a good comedian, and how to make a successful living as a children's entertainer."More than balloon tying and makeup tips, this tutorial teaches the practical and business aspects of the clowning profession...The eight authors, all experts in the field, explain the how-to's of juggling, puppetry, slapstick, magic, joke telling and stiltwalking. Even for those not aspiring to clown stardom or planning to set up their own

entertainment business, this volume can be useful as a source for planning a party or special school event."-  
Booklist, American Library Association"The strengths of the book lie in the detailed, comprehensive coverage of the  
topic, the inclusion of many ideas and examples, and the emphasis on in-depth understanding of the process  
involved in creation of character and comic routine."-School Library Journal"It's an excellent book, for both beginner  
and advanced clown. I have recommended it to my local clown groups and my beginning class at Purdue."-Janet  
Tucker, President, World Clown Association"An excellent reference...outstanding book and I would rate it as a five  
red clown nose book."-Lee Mullally, Education Director, World Clown Association"Creative Clowning-the name says  
it! And the book shows the creativeness of its authors, and the ability to insert that same creativeness in its readers.  
Sit back, enjoy, learn, and truly become a creative clown."-Aye Jaye, world famous clown and magician"I would  
recommend the 223 page book to any clown, beginner or professional. It is the most complete book on clowning to  
date...it is factual, informative and will become the reference book on clowning for the foreseeable future...the best  
on the market." -Jim Russell, Clowning Around magazine"An excellent book...If you're not funnier after reading this  
book, you're hopeless."-The Book Reader "Magicians have the Tarbell Course of Magic and now, at last, clowns  
have a source in the same caliber. It doesn't matter if you have been a clown for an hour or for years, you can learn  
and benefit from this book. I cannot say enough about this book but "Thanks" and my future audiences would  
definitely say "Thanks" for your contribution to the future development of laughter!"-Charles G. Martin, professional  
clown and magician"Provides oodles of information on everything from funny juggling and performing miracles to  
handling troublemakers and putting on clown makeup...It could definitely be used as a textbook in clown school, but  
it could just as well be read by anyone who is interested in comedy in general...the writing in this book is clear and  
simple and hence, very entertaining...For those who are considering a career in clowndom, this book is a must For  
those who just want to have a good time reading about this most happy of careers, this book is also a must."-  
Nashua Telegraph Contemporary Clowning as Social Performance in Colombia brings to light the emergence of new  
kinds of clowning in everyday life in Colombia, focusing particularly on the pervasive presence of clowns in the urban  
landscape of Bogotá. In doing so it brings a fresh and updated perspective on what clowning is as well as what it  
does in the 21st century. Featuring descriptions of more than 24 distinct clown performers, Barnaby King provides  
an engaging and lively account of the performative moment in which clowning transpires, analyzing the techniques  
and processes at work in producing what is commonly named as "clowning". In contrast with their North American



and European counterparts, clowns in Latin America are seen every day in public settings, are popular cultural figures and sometimes claim to exercise real political influence. Drawing on five years of co-performative ethnography, the book argues that clown artists have thrived by adapting their craft to changing social and economic conditions, in some cases by allying themselves with authority and power, and in others by generating spaces for creativity and resistance in adverse circumstances. By applying performance theory to clowning in a specific cultural context this is the first work to propose an appropriate scholarly response to the diversity and ingenuity of clowning beyond Europe and North America. Bad clowns—those malicious misfits of the midway who terrorize, haunt, and threaten us—have long been a cultural icon. This book describes the history of bad clowns, why clowns go bad, and why many people fear them. Going beyond familiar clowns such as the Joker, Krusty, John Wayne Gacy, and Stephen King's Pennywise, it also features bizarre, lesser-known stories of weird clown antics including Bozo obscenity, Ronald McDonald haters, killer clowns, phantom-clown abductors, evil-clown panics, sex clowns, carnival clowns, troll clowns, and much more. Bad Clowns blends humor, investigation, and scholarship to reveal what is behind the clown's dark smile. This history of clowns is documented in this generously illustrated volume, tracing the evolution of clowns and clowning from the entertaining rituals of the American Indians to the worldwide clown costumes and clown routines of today. Features the history of clowning, provided by Clowns of America International. Discusses jesters; Shakespeare's clowns; the first circus clown; the father of modern clowning, Joseph Grimaldi; the first female American circus clown; and Dan Rice, a clown of the Civil War era. Highlights singing clowns, the origins of the Auguste character, the tramp clown, multicultural clowns, and Bert Williams, a black clown. "THE CLOWN IN YOU" is a clowning manual for students, teachers and practitioners. It contains all kinds of valuable clown knowledge; both practical and theoretical. Within its pages readers will find all the basic principles of clowning, first-hand clowning experiences, tried and tested clown games and exercises, quotes from interviews Caroline held with professional clowns, examples of clown improvisations, and explanations of the clown philosophy underlying all the comic techniques used by clowns. The book thus provides an unprecedented insight into the heart of clowning and throws a fresh light on all the skills, audacity and dedication needed to encounter, encourage and set free one's clown. Caroline has worked with clowning from the inside out and the outside in. She writes from the perspective of a life spent investigating her art, both as a professional clown and as an international clown teacher. This is a must read for anyone wanting to learn more about the art and practice of clowning, or for anyone simply interested in

becoming a healthier, happier and less inhibited person. ""Discovering your clown and allowing yourself complete freedom of expression is an addictive experience; an adventure sport, whose only drawback is that when you're on your way home you feel an urgent desire to keep on practising it.""

**CONTENTS** The first three chapters introduce the reader to the art and craft of clowning as practiced by professional clowns throughout the world today. They also clarify all the misconceptions that have arisen around the clown that in reality hinder a student's ability to be funny. Chapters four to ten tackle specific areas of clown technique. Each chapter contains explanations of the reasons for, and reasoning behind, each element of the technique, plus guidelines and examples of how it all works on a practical level. Chapter eleven explores one of the least discussed aspects of clowning; the most common fears students face and how they can be dealt with. The final chapter examines the necessary ingredients for clowning success. It also covers the phenomenon of "flying," finding one's own unique comic wings.

**WHAT THE PROFESSIONALS HAVE SAID ABOUT THIS BOOK:** "The Clown in You cuts past all the jargon and unhelpful generalizations about clowns and tackles the clown's creative process with the kind of insight that can only come from a seasoned performer. Highly recommended for both beginners and experienced clowns." "JOHN TOWSEN, author of "Clowns," director of The (Very) Physical Comedy Institute, U.S.A." "Caroline Dream's superbly documented 30 years of experience as a performer and trainer is an invaluable source of reference for professionals, hobbyists and teachers. One of the most illuminating and insightful clown development guidebooks that I have read." "ROB FLORENCE, physical theatre teacher at The Arts & Entertainment College, NL" "Every clown, aspiring or professional, should have this book in their library. It's a great resource for helping clowns discover deeper layers of their character and creating powerful material. Packed with invaluable gems for understanding and creating in the art of clowning." "ROB TORRES, clown, The Big Apple Circus, U.S.A." "In this book I've found fantastic exercises and material which will inspire clowns to play and, most importantly, help keep their idiot present." "AITOR BASAURI, Spymonkey, UK" "This book is a shortcut to your inner clown, a seductive invitation to joy and freedom, a lodestar for highly effective human development."" ANDRES AGUILAR, Clown, Founder of Risaterapia.org, MEX" "Caroline offers us her 30 years of clowning experience, disclosing a clown philosophy I fully concur with. I wholeheartedly recommend this book."" ANTON VALEN, clown with Cirque du Soleil (Alegria & Kurios), ESP The frightening yet comic clown is one of the best and most enduring characters in literature, theater, television, and film. Across the centuries, from Shakespeare's Porter in Macbeth to Edgar Allan Poe's "Hop-

Frog," or Stephen King's Pennywise, horror and comedy have blended to create the perfect recipe for entertainment. This volume gives an in-depth analysis of the clown horror genre, including essays by revered horror scholars such as Kevin Wetmore, Dale Bailey, Kim Hester Williams, Jennifer K. Cox, and Joanna Parypinski. Their essays cover topics such as nostalgia, race, class, and new portrayals of the scary clown as zombies or phantoms. It also offers interviews with actors and directors working in the clown horror genre: Eoghan McQuinn (Stitches), Kevin Kangas (Fear of Clowns), and Jaysen Buterin (Kill Giggles). Some of fiction's most terrifying creations--like the Killer Klowns, Captain Spaulding, Art the Clown, Krusty, Frowny, the Joker, and Twisty--jig through these pages of analysis and deconstruction, asking what these many iterations of scary clowns have to say about our society and its fears. San Antonians love Cary Clack for the sparkle of wit and wisdom he brings to them in his column in the San Antonio Express-News. But his style and sensibility make his work equally popular far beyond that city. He offers pithy, probing coverage of national issues such as terrorism, racism, and child abuse, but his keen sense of humor often turns to the stuff of everyday life such as the inexplicable power of Krispy Kreme doughnuts and his terror of clowns. The columns collected here sample the best of 13 years' worth of Clack's amusing and thoughtful commentaries, and begin with an enlightening foreword by noted poet Naomi Shihab Nye. Theater and popular entertainment scholars interview clowns at the Family Pickle Circus and other clowns who have developed the same new kind of circus comedy over the last quarter of the 20th century. c. Book News Inc. "Down the ages clowns have captured the laughter of adult and child alike with their absurd dress, bizarre antics and a brand of humor whose universality has stood the test of centuries. In this extensive study of clowns and clowning, Beryl Hugill draws the parallels between ancient and modern clowns and traces the story of clowning from its origins in the ancient world of Egypt, China and India, through the padded buffoons of Greek drama and the dwarfed and deformed figures that populated royal households, to the era of court jesters, and describes their function and role in society and the form of their entertainment. Here in one major performance are all the world's clowns - carpet and run-in clowns of the circuses, the splendidly dressed white-faced clowns, the hobo clowns; Beryl Hugill reveals the secrets of their techniques, tells why they use the dress, make-up and props they do, and describes the great individual acts of the international world of the clowns."--Amazon. From ancient Egypt to the modern-day circus, the role of the clown can be traced throughout history. But how much do you really know about the profession that takes comedy very seriously? This fascinating book takes the reader on a journey through the ages, explaining how clowns such as the whiteface and

auguste came to be. You'll read about history's best-loved performers such as Joseph Grimaldi, the father of modern clowning, and learn about the origin of terms used today such as the 'clown alley'. If you want to know why blue make-up is supposed to bring bad luck, and who the literary world's first ever killer clown was, then this is the book for you. Clowns. They're supposed to be happy, full of laughter and fun, but there's a dark underside to these masked harlequins, one hidden under all that makeup and colorful hair. Who hasn't stared at a clown and become frightened, a chill running down your backside when that clown turned his cold gaze on you? Who hasn't felt a flutter of fear when that painted face grinned over at you, the smile seeming to be hiding something evil? Clowns have been around for ages, and though supposedly filled with cheer, there is something sinister behind all that pomp and fluff. A fear of clowns is ingrained in all of us, some more than others, and in this anthology, that fear has been extrapolated on like a cut torn open to expose the bleeding wound within. So get ready for stories that show the clown in a new light, one where the painted mask of happiness has been wiped away, leaving only terror behind. This is the story of the survival of American circuses throughout one of the most perilous periods in our nation's history: 1860-1865. This was a period of transition for traveling exhibitions. The size of equipment and personnel had leveled off, performances were fixed, and the number of proprietors had reached a peak that would not be exceeded until the early 1870s. But still the show had to go on! Complete with notes, index, bibliography, and contemporaneous illustrations. How does one move out of an abusive marriage and transform her thinking so that she can manifest a wonderful marriage based on love, mutuality, and respect? That is the journey that Cleone took, starting with her debut as Chloe the Clown in 1994. Through her six clown characters (she calls herself a multiple personality of a deliberate kind), she sees each clown as representing different ages/stages of her life. And that each moment of our life is sacred, something to honor and accept. As a Caring Clown (versus a Circus Clown), she spread love and joy to countless people in hospitals, nursing homes, parade routes, workshops, putting loved ones into clown, etc. But what she found was the recognition of her own self-love and appreciation! She decided she didn't need to be a clown anymore and quit in 2004. What made her return to clowning in 2010? How is clowning a SACRED ART? How does that relate to life? Answers to these accompanied by 109 pictures and illustrations tell her story. A new account of medieval and Renaissance clown traditions reveals the true extent of their cultural influence. The fear of clowns is a very real phobia. Whether it's circus clowns or movie clowns or even clowns offering burgers, a lot of people suffer from coulrophobia which is the technical name for phobia of clowns - yes, this phobia is real

and has its very own name! This book is presented in a simple, chatty format. It has some easy to follow ideas which will help you to melt away your fears and stop you being scared of clowns so that you can carry on your life in a more normal manner. The book starts by helping you understand where your fear comes from. Maybe it's too many horror movies featuring clowns as some of the baddies. Maybe it's a different reason that you have a phobia of clowns. Whatever the reason, once you start to understand your fear you can begin to deal with it in a more rational way - this applies to a phobia about clowns just as much as any other fear you may experience. The next technique to help deal with your coulrophobia involves facing your fear. This book will take you through how to do that without getting more scared about clowns than you presently are. Some people find it best to deal with their clown fear by tracking back precisely when it began. This can be a very effective technique to get rid of your phobia of clowns and I'll show you exactly what you need to do to get your fears and worries reduced. You'll also be shown how to get to grips with the underlying psychology that is feeding your deepest, darkest clown fears as well as some tips for reaching out to other people in your life to help rid yourself of your fear of clowns. All the faces of clowns by contemporary artists, illustrators, designers in more than 300 pages Scary, funny, disturbing, fascinating ... Since the nineteenth century, the figure of the clown questions. This is the first global compilation of clowns seen by the best of contemporary artists, illustrators and designers. From Cindy Sherman to Ron English, Marion Peck to Erwin Olaf, more than 300 pages to discover the most impressive portraits of clowns. This book contains four chapters: The clown in the art of the XXe, the clown in today's art, red nose in the history of art and the strange fascination for bad clowns. How do you do? My name is Gertrude-no, Betsy-no, Mrs. Claus-no. Okay. Tonya Letha Lagonda, but you can call me Golly. Come with Marcia 'Clementine' Manis as she takes you on her unique ministerial journey in Hats, Clowns, and Miracles. Marcia exposes some of her most vulnerable moments in her story-moments that include heartache, the early loss of her father, the early loss of her children, and a lot of uncertainty. But Marcia is an optimist, and that remains clear throughout her narrative. Encouraging words are the thread that holds this book together. Everyone has different Hats to wear, knows a bunch of Clowns, and hopefully has some Miracles in their lives. Richard Pochinko (1946-89) played a pioneering role in North American clown theater through the creation of an original pedagogy synthesizing modern European and indigenous Native American techniques. In Clown Through Mask, Veronica Coburn and onetime Pochinko apprentice Sue Morrison lay out the methodology of the Pochinko style of clowning and offer a bold philosophical framework for its interpretation. Morrison is today a leading teacher

of Pochinko's Clown through Mask technique and this book extends significantly the literature on this underdocumented form of theater. THEY'RE COMING FOR YOU Coulrophobia--the fear of clowns--is very real and for good reason. You might think these red-nosed jokers are creepy, sure, but certainly not dangerous. You'd be wrong. Clowns never reveal their real names, and dress to obscure their identities. The rules of civilized society don't apply to them (what other stranger could offer candy to children and get away with it?), they have countless places to hide weapons on their person, and their appearance is downright unnatural. Clowns are the scariest people on earth, and the truth is, they are coming for your valuables, your children, and your sanity. In this comprehensive guide to self-protection from clown creepery, petty crime, and violence, Chuck Sambuchino--founder of the anti-clown group Red Nose Alert--delves into the terrifying clown underworld to provide the knowledge you need to know to protect yourself from these seemingly innocuous gagmen, using his proven four-step system: ASSESS, ANALYZE, DEFEND, PROTECT. Included within are instructions on how to defeat a clown in close combat, tips for spotting the plainclothes clown, and tutorials for fully clown-proofing your home against these painted and bewigged warriors. Most importantly, you'll learn what to do when clowns attack... because it's only a matter of time before they do.

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