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The Hundred-Foot Journey *100-Yard Journey* **The Road** *Neal's Yard Remedies* *Healing Herbs* *Twenty Thousand Leagues Under the Sea* **The Miraculous Journey of Edward Tulane** **The Curious Incident of the Dog in the Night-Time** *Cilka's Journey* *Pollyanne* **Harriet's Journey from Elm Creek Quilts From Last to First** *The Big Book of 100 Outdoor Activities* **Around the World in 80 Days** *Sullivan's Travels* *Dirt Road Between the Woods and the Water* *Hurricane* *Scotland Yard's History of Crime in 100 Objects* **Yay! You're Gay! Now What?** *Elm Creek Quilts* *Human Chain* *The Center Cannot Hold* **The Tattooist of Auschwitz** *Meal Prep in an Instant* **Scotland Yard's Flying Squad** *The Words in My Hands* **The Book Thief** *The Cowkeeper's Wish* **Neal's Yard Remedies** **Eat Beautiful** **Silas Marner** **Illustrated** *The Buddhist on Death Row* **The 100-Yard Journey** **Vroom with a View** *Like Water for Chocolate* **The Book Of Nothing** **A Time of Gifts** **Sam & Dave Dig a Hole** **Voyage of Mercy** **Entangled Life** **The Monk of Mokha**

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How do you begin to understand the concept of nothing? Where does it begin and where does it end? From the zeros of the mathematician to the void of the philosophers, from Shakespeare to the empty set, from the ether to the quantum vacuum, from being and nothingness to creatio ex nihilo, there is much ado about nothing at the heart of things. Recent exciting discoveries in astronomy are shown to shed new light on the nature of the vacuum and its dramatic effect upon the explanation of the Universe. This remarkable book ranges over every nook and cranny of nothingness to reveal how the human mind has had to make something of nothing in every field of human enquiry. From the author of the multi-million copy bestseller *The Tattooist of Auschwitz* comes a new novel based on a riveting true story of love and resilience. Her beauty saved her — and condemned her. Cilka is just sixteen years old when she is taken to Auschwitz-Birkenau Concentration Camp in 1942, where the commandant immediately notices how beautiful she is. Forcibly separated from the other women prisoners, Cilka learns quickly that power, even unwillingly taken, equals survival. When the war is over and the camp is liberated, freedom is not granted to Cilka: She is charged as a collaborator for sleeping with the enemy and sent to a Siberian prison camp. But did she really have a choice? And where do the lines of morality lie for Cilka, who was sent to Auschwitz when she was still a child? In Siberia, Cilka faces challenges both new and horribly familiar, including the unwanted attention of the guards. But when she meets a kind female doctor, Cilka is taken under her wing and begins to tend to the ill in the camp, struggling to care for them under brutal conditions. Confronting death and terror daily, Cilka discovers a strength she never knew she had. And when she begins to tentatively form bonds and relationships in this harsh, new reality, Cilka finds that despite everything that has happened to her, there is room in her heart for love. From child to woman, from woman to healer, Cilka's journey illuminates the resilience of the human spirit—and the will we have to survive. A much-praised memoir of living and surviving mental illness as well as "a stereotype-shattering look at a tenacious woman whose brain is her best friend and her worst enemy" (Time). Elyn R. Saks is an esteemed professor, lawyer, and psychiatrist and is the Orrin B. Evans Professor of Law, Psychology, Psychiatry, and the Behavioral Sciences at the University of Southern California Law School, yet she has suffered from schizophrenia for most of her life, and still has ongoing major episodes of the illness. *The Center Cannot Hold* is the eloquent, moving story of Elyn's life, from the first time that she heard voices speaking to her as a young teenager, to attempted suicides in college, through learning to live on her own as an adult in an often terrifying world. Saks discusses frankly the paranoia, the inability to tell imaginary fears from real ones, the voices in her head telling her to kill herself (and to harm others), as well as the incredibly difficult obstacles she overcame to become a highly respected professional. This beautifully written memoir is destined to become a classic in its genre. Charlie Spedding describes himself as 'not particularly talented' — at least, compared to the group of people he had chosen to find himself among. These were the athletes in the Olympic marathon. So how did he end up with a bronze medal? How did he win the London Marathon? And why does he still hold the English record for the distance? In this remarkable autobiography he explains

how — how someone who was almost bottom of the class when he first went to school, and even worse at sport, eventually turned himself into a genuinely world-class athlete, competing in top marathons all over the world, and genuinely going from last to first. As well as the enthralling life story of one of our finest distance runners, this book is a wonderfully clear and inspiring piece of life coaching for anyone who wants to make the most of their talents. But more than this, as Spedding says at the start, 'I believe that on occasions you can create the circumstances in which you can perform at a higher level than your talent says you can'. Spedding's own story, and his chronicle of the big races he excelled in, proves it's true. — "For anyone aspiring to run a marathon, or indeed anyone who wants to set themselves a goal they think beyond their reach — and achieve it — this is an essential book. Phileas Fogg of London and his newly employed French valet Passepartout attempt to circumnavigate the world in 80 days on a £20,000 wager set by his friends at the Reform Club. Provides patterns and instructions for creating twelve quilt projects inspired by the Elm Creek quilt novels, and includes tips and techniques for successful quilting. Explore Britain's dark criminal history through the fascinating objects that have been hidden away in the Crime Museum at Scotland Yard, a collection that, although world-famous, is so sensitive it is not open to public view. Each object tells its own story: the briefcase with a concealed syringe owned by the notorious Kray twins; the gun Ruth Ellis used to murder her lover David Blakely; a burnt-out computer from the Glasgow airport car bomb; a picture from the property of Dennis Nilsen of the grisly drain that was blocked with human body parts; and the gun that Edward Oxford fired at Queen Victoria that failed to assassinate her. Updated to feature new objects that have entered the collection since 2015, Scotland Yard's History of Crime in 100 Objects is an absorbing, sometimes shocking and often disturbing journey through criminal history. Peer within to experience a unique insight into the crimes and criminals dealt with by Scotland Yard. Make weekly meal prep in your Instant Pot easy with over 50 recipes and 7 weekly prep plans Meal prep has never been easier with an Instant Pot. With its versatility and ability to cook quickly and efficiently, you can use your Instant Pot to cook meals for the week ahead, or prepare your meals on your prep day and just dump them into the Instant Pot for a quick and easy weeknight dinner. With seven customized prep plans, Meal Prep in an Instant will show you how to use your prep day efficiently to prepare three lunch or dinner meals and one breakfast meal, package them up for the week ahead, and enjoy fresh, delicious meals without struggling to figure out what to make for dinner every night. Here's what you'll get: Over 50 recipes that will appeal to a variety of tastes and appetites Seven weekly meal plans, each featuring four primary recipes, three alternate recipes, and one dessert, and many of the recipes are dairy-free or vegetarian Detailed prep day plans for every weekly meal plan, each designed to help you maximize your time in the kitchen on your prep day Handy shopping lists and equipment lists to help you execute your plan perfectly and efficiently The Number One Bestseller In Mexico And America For Almost Two Years, And Subsequently A Bestseller Around The World, Like Water For Chocolate Is A Romantic, Poignant Tale, Touched With Moments Of Magic, Graphic Earthiness, Bittersweet Wit - And Recipes. A Sumptuous Feast Of A Novel, It Relates The Bizarre History Of The All-Female De La Garza Family. Tita, The Youngest Daughter Of The House, Has Been Forbidden To Marry, Condemned By Mexican Tradition To Look After Her Mother Until She Dies. But Tita Falls In Love With Pedro, And He Is Seduced By The Magical Food She Cooks. In Desperation Pedro Marries Her Sister Rosaura So That He Can Stay Close To Her. For The Next Twenty-Two Years Tita And Pedro Are Forced To Circle Each Other In Unconsummated Passion. Only A Freakish Chain Of Tragedies, Bad Luck And Fate Finally Reunite Them Against All The Odds. #1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place

on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF. The acclaimed travel writer's youthful journey - as an 18-year-old - across 1930s Europe by foot began in *A Time of Gifts*, which covered the author's exacting journey from the Lowlands as far as Hungary. Picking up from the very spot on a bridge across the Danube where his readers last saw him, we travel on with him across the great Hungarian Plain on horseback, and over the Romanian border to Transylvania. The trip was an exploration of a continent which was already showing signs of the holocaust which was to come. Although frequently praised for his lyrical writing, Fermor's account also provides a coherent understanding of the dramatic events then unfolding in Middle Europe. But the delight remains in travelling with him in his picaresque journey past remote castles, mountain villages, monasteries and towering ranges. Sam and Dave are sure they will discover something exciting if they just keep digging their hole. A history of the famed London police unit, by a former member and author who "knows how to bring his coppers to life on each page" (Joseph Wambaugh, New York Times–bestselling author of *The Onion Field*). Since 1919, Scotland Yard's Flying Squad has been in the forefront of the war against crime. From patrolling London's streets in horse-drawn wagons, it has progressed to the use of the most sophisticated surveillance and crime-fighting equipment. The Squad targeted protection gangs who infested British racecourses and greyhound tracks, and later the highly effective Ghost Squad was formed to tackle black-marketeering in the aftermath of the Second World War. As crime soared in the 1950s and '60s the Flying Squad, or C8 Department as it was now known, became involved in the most serious cases nationwide—The Great Train Robbery, the Brink's-Mat robbery, The Millennium Dome and Hatton Garden heists. Today the ruthless drug and people trafficking gangs that seek rich pickings in London and elsewhere are in their sights. Despite many high-profile successes, allegations of corruption have haunted the Flying Squad, and after the conviction of officers in 2001 there was a very real possibility of disbandment. Yet this most famous of police units survived—and today continues to fight and be feared by the hardest of criminals. This book draws on firsthand accounts to tell the Flying Squad's thrilling story, and includes a foreword by John O'Connor, a former commander. "A book that true crime aficionados will want to read." —Washington Times Readers will fall for a side of Italy rarely seen with the just-turned-forty Peter Moore rattling around the country on the back of an ageing Vespa scooter — like himself, a little rough around the edges, and a bit slow in the mornings perhaps, but basically still OK. INTRODUCED BY JAN MORRIS '[This] gloriously ornate account of that epic journey is a classic' ROBERT MACFARLANE 'The feeling of being lost in time and geography with months and years hazily sparkling ahead is a prospect of inconjecturable magic.' In 1933, aged eighteen, Patrick Leigh Fermor set out on his 'great trudge', a year-long journey by foot from the Hook of Holland to Istanbul. Three decades later he wrote *A Time of Gifts*, the sparkingly original account of the first part of this youthful adventure, which took him through the Low Countries, up the Rhine, through Germany, down the Danube, through Austria and Czechoslovakia, and as far as Hungary. Alone, carrying only a rucksack and with a small allowance of only a pound a week, Fermor had planned to sleep rough - to live 'like a tramp, a pilgrim, or a wandering scholar' - but a chance introduction in Bavaria led to comfortable stays in castles, and provided a glimpse of the old Europe of princes and peasants. Hailed as a masterpiece, *A Time of Gifts* is in part a coming-of-age memoir, but it is also a rich and compelling portrait of a continent that - despite its resplendent domes and monasteries, its great rivers and grand cities - was soon to be swept away by war, modernisation and profound social change. 'Not only is this journey one of physical adventure but of cultural awakening. Architecture, art, genealogy, quirks of history and language are all devoured -- and here passed on -- with a gusto uniquely his' COLIN THUBRON, SUNDAY TIMES 'One of the most romantic books of the twentieth century, Patrick Leigh Fermor's account of a long walk across Europe is also a literary treasure, a rich blend of action and observation' GUARDIAN Tells the story of Rubin "Hurricane" Carter, a black boxer who was wrongly convicted of three murders and spent nearly twenty years in prison. Very few college football coaches earn the distinction of becoming their programs' winningest, but Gary Pinkel has done it twice. From his nine-year tenure at the University of Toledo to his career at the University of Missouri from 2001 to 2015, Pinkel has shown he has the talent and meddle to take his teams to the top. These remarkable achievements have been met by challenges along the way in Pinkel's personal and professional life, including a DUI and a divorce, a threatened team boycott at Mizzou which dominated

national news headlines, and ultimately, a decision to step away from it all following a diagnosis of non-Hodgkins lymphoma. In *The 100-Yard Journey*, Pinkel offers a glimpse into the mind of a winner as well as an honest reflection on meeting and overcoming the unexpected. Follow along from the start of Pinkel's coaching career at Kent State, the same program for which he played as a tight end, through stops at Washington and Toledo, and finally, taking over at the helm of Missouri, a program he guided to 10 bowl games in 15 years, a No. 1 AP ranking at the end of the 2007 season, and SEC Coach of the Year honors in 2014. Whether you're a Tigers fan or just interested in what makes a successful head coach tick, anyone can find something to relate to in Pinkel's personal memoirs. There are times when keeping your young children occupied and entertained can be a real challenge, no matter how super-organized or imaginative your parenting skills. This is where *The Big Book of 100 Outdoor Activities*, a bumper book of boredom-busting fun, comes in. The aim is to provide parents with loads of simple and quick activities and creative ideas, to engage and entertain their children and encourage them to learn more about their natural environment. Activities are grouped into eight handy sections: Wildlife Spotting In the Garden Messy Makes Arts and Crafts Games Rainy Day Activities Outdoor Cooking Music Dressing up Each one is packed with things to do that range from spur-of-the-moment creative play, involving little or no preparation, to mini projects with step-by-step instructions. No matter what your pre-schooler is into, there will be something to stimulate their senses. These are just a few of the ingenious ideas: making a baking soda rocket, painting with fruit, growing your own pizza toppings, feather printing and making a bug hotel to cooking smores, pressing flowers, leaf rubbing and wildlife spotting. One of the bestselling books of the 21st century with over 6 million copies sold. Don't miss the conclusion to *The Tattooist of Auschwitz Trilogy*, *Three Sisters*. Available now. I tattooed a number on her arm. She tattooed her name on my heart. In 1942, Lale Sokolov arrived in Auschwitz-Birkenau. He was given the job of tattooing the prisoners marked for survival - scratching numbers into his fellow victims' arms in indelible ink to create what would become one of the most potent symbols of the Holocaust. Waiting in line to be tattooed, terrified and shaking, was a young girl. For Lale - a dandy, a jack-the-lad, a bit of a chancer - it was love at first sight. And he was determined not only to survive himself, but to ensure this woman, Gita, did, too. So begins one of the most life-affirming, courageous, unforgettable and human stories of the Holocaust: the love story of the tattooist of Auschwitz. Discover Cilka's Journey, the incredible bestselling sequel to *The Tattooist of Auschwitz*. Out now. ----- 'Extraordinary - moving, confronting and uplifting . . . I recommend it unreservedly' Greame Simsion 'A moving and ultimately uplifting story of love, loyalties and friendship amidst the horrors of war . . . It's a triumph.' Jill Mansell 'A sincere . . . moving attempt to speak the unspeakable' Sunday Times Yay! You're gay! Or maybe you're bi. Or maybe you just feel different... in time, that difference will become the greatest gift you could ask for. It will bring you love, a sense of identity, a new community, and eventually the freedom to be yourself. I promise! In this personal, heartfelt go-to guide for young queer guys, YouTuber and presenter Riyadh Khalaf shares frank advice about everything from coming out to relationships, as well as interviews with inspirational queer role models, and encouragement for times when you're feeling low. There's a support section for family and friends written by Riyadh's parents and LOADS of hilarious, embarrassing, inspiring and moving stories from gay boys around the world. Includes chapters on: * Labels - what does it mean to be gay, bi, trans or queer? * Coming out * Your first crush * Dealing with bullies * Learning to love your body * Sex ed for gay guys * Coping with embarrassing moments * Finding your tribe Very few college football coaches earn the distinction of becoming their programs' winningest, but Gary Pinkel has done it twice. From his nine-year tenure at the University of Toledo to his career at the University of Missouri from 2001 to 2015, Pinkel has shown he has the talent and meddle to take his teams to the top. These remarkable achievements have been met by challenges along the way in Pinkel's personal and professional life, including a DUI and a divorce, a threatened team boycott at Mizzou which dominated national news headlines, and ultimately, a decision to step away from it all following a diagnosis of non-Hodgkins lymphoma. In *The 100-Yard Journey*, Pinkel offers a glimpse into the mind of a winner as well as an honest reflection on meeting and overcoming the unexpected. Follow along from the start of Pinkel's coaching career at Kent State, the same program for which he played as a tight end, through stops at Washington and Toledo, and finally, taking over at the helm of Missouri, a program he guided to 10 bowl games in 15 years, a No. 1 AP ranking at the end of the

2007 season, and SEC Coach of the Year honors in 2014. Whether you're a Tigers fan or just interested in what makes a successful head coach tick, anyone can find something to relate to in Pinkel's personal memoirs. From the #1 New York Times bestselling author, an extraordinary story of redemption in the darkest of places. *Silas Marner* is the third novel by George Eliot, published in 1861. An outwardly simple tale of a linen weaver, it is notable for its strong realism and its sophisticated treatment of a variety of issues ranging from Religion to industrialisation to community. The #1 NEW YORK TIMES bestseller -- now in a digest edition (Age 7 and up) Once, in a house on Egypt Street, there lived a china rabbit named Edward Tulane. The rabbit was very pleased with himself, and for good reason: he was owned by a girl named Abilene, who adored him completely. And then, one day, he was lost. . . . Kate DiCamillo takes us on an extraordinary journey, from the depths of the ocean to the net of a fisherman, from the bedside of an ailing child to the bustling streets of Memphis. Along the way, we are shown a miracle -- that even a heart of the most breakable kind can learn to love, to lose, and to love again. This beloved classic is now available in an accessible digest edition with black-and-white interior illustrations. The post-apocalyptic modern classic with an introduction by novelist John Banville. In a burned-out America, a father and his young son walk under a darkened sky, heading slowly for the coast. They have no idea what, if anything, awaits them there. The landscape is destroyed, nothing moves save the ash on the wind and cruel, lawless men stalk the roadside, lying in wait. Attempting to survive in this brave new world, the young boy and his protector have nothing but a pistol to defend themselves. They must keep walking. Winner of the Pulitzer Prize for Fiction, *The Road* is an incandescent novel, the story of a remarkable and profoundly moving journey. In this unflinching study of the best and worst of humankind, Cormac McCarthy boldly divines a future without hope, but one in which, miraculously, this young family finds tenderness. An exemplar of post-apocalyptic writing, *The Road* is a true modern classic, a masterful, moving and increasingly prescient novel. This edition is part of the Picador Collection, a series of the best in contemporary literature, inaugurated in Picador's 50th Anniversary year. Revitalise the way you look and feel by eating the most effective beauty foods with *Neal's Yard Remedies: Eat Beautiful*. Discover how to enhance your outer beauty from the inside by eating the most beneficial natural foods. Target the face, body, hair, and teeth with over 100 recipes selected by the experts to help you look and feel beautiful. Build your own beauty-eating plan based on the results you want to see, and discover the wonderful effects that beauty foods can have on everything from fragile hair and oily skin, to cellulite and bruises. With an energising kickstarter food plan and deliciously healthy recipes for breakfast, lunch, dinner, snacks, and drinks, *Neal's Yard Remedies: Eat Beautiful* is the ultimate guide to revolutionising your beauty regime. About a young Indian boy who becomes a three-star chef in Paris. The extraordinary 'Harriet's Journey' 100-block sampler quilt from Jennifer Chiaverini Author and quilt designer Jennifer Chiaverini is back with a beautiful new sampler based on her ninth Elm Creek Quilts novel. In *Circle of Quilters*, one woman's discovery of an exquisite sampler quilt utterly changed her fate; immerse yourself in the story and create the same 100-block sampler of this best-selling novel! Follow the step-by-step instructions to cut and piece blocks, or simply use the included foundation piecing patterns—the choice is yours. Mingling vintage favorites with never-before-seen designs, the blocks will intrigue quilters of all skill levels. An inspirational gallery shows off the 6” finished squares in a variety of settings. Best-selling novelist and quilter returns with another Elm Creek Quilts masterpiece Recreate 100 blocks—a mix of new and classic designs—for adventurous beginners and experienced quilters Traditionally piece blocks or use foundation patterns A bestselling modern classic—both poignant and funny—narrated by a fifteen year old autistic savant obsessed with Sherlock Holmes, this dazzling novel weaves together an old-fashioned mystery, a contemporary coming-of-age story, and a fascinating excursion into a mind incapable of processing emotions. Christopher John Francis Boone knows all the countries of the world and their capitals and every prime number up to 7,057. Although gifted with a superbly logical brain, Christopher is autistic. Everyday interactions and admonishments have little meaning for him. At fifteen, Christopher's carefully constructed world falls apart when he finds his neighbour's dog Wellington impaled on a garden fork, and he is initially blamed for the killing. Christopher decides that he will track down the real killer, and turns to his favourite fictional character, the impeccably logical Sherlock Holmes, for inspiration. But the investigation leads him down some unexpected paths and ultimately brings him face to face with the dissolution of his parents' marriage. As Christopher tries to deal with the crisis within his own

family, the narrative draws readers into the workings of Christopher’s mind. And herein lies the key to the brilliance of Mark Haddon’s choice of narrator: The most wrenching of emotional moments are chronicled by a boy who cannot fathom emotions. The effect is dazzling, making for one of the freshest debut in years: a comedy, a tearjerker, a mystery story, a novel of exceptional literary merit that is great fun to read. Part coming of age, part call to action, this fast-paced #ownvoices novel about a Deaf teenager is a unique and inspiring exploration of what it means to belong. Smart, artistic, and independent, sixteen year old Piper is tired of trying to conform. Her mom wants her to be “normal,” to pass as hearing, to get a good job. But in a time of food scarcity, environmental collapse, and political corruption, Piper has other things on her mind—like survival. Piper has always been told that she needs to compensate for her Deafness in a world made for those who can hear. But when she meets Marley, a new world opens up—one where Deafness is something to celebrate, and where resilience means taking action, building a community, and believing in something better. Published to rave reviews as *Future Girl* in Australia (Allen & Unwin, Sept. 2020), this empowering, unforgettable story is told through a visual extravaganza of text, paint, collage, and drawings. Set in an ominously prescient near future, *The Words in My Hands* is very much a novel for our turbulent times. **NEW YORK TIMES BESTSELLER • A “brilliant [and] entrancing” (The Guardian) journey into the hidden lives of fungi—the great connectors of the living world—and their astonishing and intimate roles in human life, with the power to heal our bodies, expand our minds, and help us address our most urgent environmental problems. “Grand and dizzying in how thoroughly it recalibrates our understanding of the natural world.”—Ed Yong, author of *I Contain Multitudes* ONE OF THE BEST BOOKS OF THE YEAR—Time, BBC Science Focus, The Daily Mail, Geographical, The Times, The Telegraph, New Statesman, London Evening Standard, Science Friday** When we think of fungi, we likely think of mushrooms. But mushrooms are only fruiting bodies, analogous to apples on a tree. Most fungi live out of sight, yet make up a massively diverse kingdom of organisms that supports and sustains nearly all living systems. Fungi provide a key to understanding the planet on which we live, and the ways we think, feel, and behave. In *Entangled Life*, the brilliant young biologist Merlin Sheldrake shows us the world from a fungal point of view, providing an exhilarating change of perspective. Sheldrake’s vivid exploration takes us from yeast to psychedelics, to the fungi that range for miles underground and are the largest organisms on the planet, to those that link plants together in complex networks known as the “Wood Wide Web,” to those that infiltrate and manipulate insect bodies with devastating precision. Fungi throw our concepts of individuality and even intelligence into question. They are metabolic masters, earth makers, and key players in most of life’s processes. They can change our minds, heal our bodies, and even help us remediate environmental disaster. By examining fungi on their own terms, Sheldrake reveals how these extraordinary organisms—and our relationships with them—are changing our understanding of how life works. Winner of the Wainwright Prize, the Royal Society Science Book Prize, and the Guild of Food Writers Award • Shortlisted for the British Book Award • Longlisted for the Rathbones Folio Prize

John McLaren has dedicated his life to rescuing mistreated donkeys. When he finds Pollyanne at a livestock auction - unloved and horribly frail - he knows immediately that if he doesn't take her home to the sanctuary he has made his life's work, she stands little chance of surviving. John soon discovers that despite her terrible start in life, Pollyanne has the X factor: she is destined for more than the local nativity play. The bright lights of the West End beckon and before long, Pollyanne is appearing onstage with opera's biggest stars. She may have hit the animal A-list, but Pollyanne's no diva. When the curtain comes down, there's nowhere she'd rather be than at home with John and her four-legged friends. Sarah Oliver's *Pollyanne* is a heart-warming true story of unconditional love - and a Little Donkey with star quality. Booker Prize winner James Kelman's new novel, *Dirt Road*, tells the story of a teenage boy who travels with his father from Scotland to Alabama to visit with relatives after the death of his mother. In the American South, he becomes swept up into the world of zydeco and blues. "A powerful meditation on loss, life, death, and the bond between father and son. . . . Kelman has created a fully-realized, relatable voice that reveals a young man’s urgent need for connection in a time of grief." —Publishers Weekly (starred review) After his mother’s recent death, sixteen-year-old Murdo and his father travel from their home in rural Scotland to Alabama to be with his émigré uncle and American aunt. Stopping at a small town on their way from the airport, Murdo happens upon a family playing zydeco music and joins them, leaving with a gift of two CDs of Southern American

songs. On this first visit to the States, Murdo notices racial tension, religious fundamentalism, the threat of severe weather, guns, and aggressive behavior, all unfamiliar to him. Yet his connection to the place strengthens by way of its musical culture. Murdo may be young but he is already a musician. While at their relatives’ home, the grieving father and son experience kindness and kinship but share few words of comfort with each other, Murdo losing himself in music and his reticent and protective dad in books. The aunt, “the very very best,” Murdo calls her, provides whatever solace he receives, until his father comes around in a scene of great emotional release. As James Wood has written of this brilliant writer’s previous work in *The New Yorker*, “The pleasure, as always in Kelman, is being allowed to inhabit mental meandering and half-finished thoughts, digressions and wayward jokes, so that we are present” with his characters. *Dirt Road* is a powerful story about the strength of family ties, the consolation of music, and one unforgettable journey from darkness to light. Join the journey to natural wellness and treat yourself with this handy book of herbs and homemade remedies. Introducing *Neal's Yard Remedies Healing Herbs* - a one-stop gardening guide with everything you need to know about herbs, featuring a detailed layout of 100 medicinal herbs and over 70 recipes for effective herbal treatments. A must-have volume for green-fingered gardeners, *Neal's Yard Remedies Healing Herbs* features tonnes of tips and tricks on planting and propagating a diverse range of herbs with the core focus on improving your health and treating your ailments with a little help from nature! This herbal medicine book offers expert advice you can trust, with an in-depth directory of a plethora of plants and herbs, including hemp, lavender, thyme, aloe vera, and lemongrass. With passion in every page, this handy herbalism book includes: -An illustrated directory of 100 medicinal herbs with instructions on how to use each one -At-a-glance guides to help reader quickly find the right herbs for their health needs -Over 70 recipes featuring medicinal herbs to use in soups, salads, face masks and more. Alongside the directory, the book features more than 70 recipes designed to heal the body from the inside out, all of which can be prepared in the comfort of your own kitchen! Try a fennel and chamomile tea to aid digestion, a cranberry and apricot power bar to boost energy levels, or a beeswax and calendula balm to combat stretch marks. Whatever your ache or ailment, you can discover the treatment potential for each plant, and how you can prepare and use them to best effect. A recent study suggests 38% of British adults use their gardens to grow herbs and vegetables. However, the ever-growing pressure of balancing family life with a career leaves a lot of room for aches and ailments, including stress and anxiety, not to mention a lot of today's green-fingered gardeners simply lack time for growing herbs! We believe it's time to change that! Dive deep into the pages of this handy herb book and discover easy-to-follow guides to exploring a plethora of plants and herbs that will change your life for the better! The ideal gift for the green-fingered gardener in your life with a niche for natural remedies, or those who prefer complementary therapies over conventional medicines. This easy reference book is well-suited to herbal medicine practitioners and students alike. From researching how medicinal plants work, to making your own herbal remedies and nurturing natural skincare, from aloe vera to avocado, this one-stop herbal handbook has it all and will leave you feeling healthier and more energized than ever before. A newly-updated book with a fresh design and easy-to-use treatment guides to help you find the herbs you need at a glance, *Neal's Yard Remedies Healing Herbs* is a comprehensive guide to staying healthy the natural way. At DK, we believe in the power of discovery. So why not explore other books in the *Neal's Yard Remedies* collection, craftily curated to suit your natural needs! Revolutionise your beauty regimen with *Neal's Yard Remedies Natural Beauty* and explore the awe-inspiring aromas within best-selling book *Neal's Yard Remedies Essential Oils*. Mokhtar grew up in San Francisco, one of seven siblings in a tiny apartment, raised by Yemeni immigrant parents. As a young man he learned of the true origins of coffee making - an ancient art born in Yemen, the secret stolen by European colonisers - and became determined to resurrect the ancient art of Yemeni coffee. Mokhtar dedicated himself to coffee, quickly becoming one of the world's leading experts, the first Arab in the world to qualify as a 'Q Grader'. But while visiting Yemen on a research trip, he was caught in the maelstrom of sudden civil war. The US Embassy closed its doors, and so Mokhtar embarked on a nail-biting adventure - to escape the country with his precious coffee samples intact. *The Monk of Mokha* is heart-pounding adventure story, a tale of underdog entrepreneurship and true passion, and a fascinating modern take on the great American dream. In the 1840s, a young cowkeeper and his wife arrive in London, England, having walked from coastal Wales with their cattle. They hope to

escape poverty, but instead they plunge deeper into it, and the family, ensconced in one of London's "black holes," remains mired there for generations. The Cowkeeper's Wish follows the couple's descendants in and out of slum housing, bleak workhouses and insane asylums, through tragic deaths, marital strife and war. Nearly a hundred years later, their great-granddaughter finds herself in an altogether different London, in southern Ontario. In *The Cowkeeper's Wish*, Kristen den Hartog and Tracy Kasaboski trace their ancestors' path to Canada, using a single family's saga to give meaningful context to a fascinating period in history—Victorian and then Edwardian England, the First World War and the Depression. Beginning with little more than enthusiasm, a collection of yellowed photographs and a family tree, the sisters scoured archives and old newspapers, tracked down streets, pubs and factories that no longer exist, and searched out secrets buried in crumbling ledgers, building on the fragments that remained of family tales. While this family story is distinct, it is also typical, and so all the more worth telling. As a working-class chronicle stitched into history, *The Cowkeeper's Wish* offers a vibrant, absorbing look at the past that will captivate genealogy enthusiasts and readers of history alike. "Puleo has found a new way to tell the story with this well-researched and splendidly written chronicle of the Jamestown, its captain, and an Irish priest who ministered to the starving in Cork city...Puleo's tale, despite the hardship to come, surely is a tribute to the better angels of America's nature, and in that sense, it couldn't be more timely." —The Wall Street Journal

The remarkable story of the mission that inspired a nation to donate massive relief to Ireland during the potato famine and began America's tradition of providing humanitarian aid around the world. More than 5,000 ships left Ireland during the great potato famine in the late 1840s, transporting the starving and the destitute away from their stricken homeland. The first vessel to sail in the other direction, to help the millions unable to escape, was the USS *Jamestown*, a converted warship, which left Boston in March 1847 loaded with precious food for Ireland. In an unprecedented move by Congress, the warship had been placed in civilian hands, stripped of its guns, and committed to the peaceful delivery of food, clothing, and supplies in a mission that would launch America's first full-blown humanitarian relief effort. Captain Robert Bennet Forbes and the crew of the USS *Jamestown* embarked on a voyage that began a massive eighteen-month demonstration of soaring goodwill against the backdrop of unfathomable despair—one nation's struggle to survive, and another's effort to provide a lifeline. The *Jamestown* mission captured hearts and minds on both sides of the Atlantic, of the wealthy and the hardscrabble poor, of poets and politicians. Forbes' undertaking inspired a nationwide outpouring of relief that was unprecedented in size and scope, the first instance of an entire nation extending a hand to a foreign neighbor for purely humanitarian reasons. It showed the world that national generosity and brotherhood were not signs of weakness, but displays of quiet strength and moral certitude. In *Voyage of Mercy*, Stephen Puleo tells the incredible story of the famine, the *Jamestown* voyage, and the commitment of thousands of ordinary Americans to offer relief to Ireland, a groundswell that provided the collaborative blueprint for future relief efforts, and established the United States as the leader in international aid. The USS *Jamestown*'s heroic voyage showed how the ramifications of a single decision can be measured not in days, but in decades. Seamus Heaney's new collection elicits continuities and solidarities, between husband and wife, child and parent, then and now, inside an intently remembered present - the stepping stones of the day, the weight and heft of what is passed from hand to hand, lifted and lowered. *Human Chain* also broaches larger questions of transmission, as lifelines to the inherited past. There are newly minted versions of anonymous early Irish lyrics, poems which stand at the crossroads of oral and written, and other 'hermit songs' which weigh equally in their balance the craft of scribe and the poet's early calling as scholar. A remarkable sequence entitled 'Route 110' plots the descent into the underworld in the *Aeneid* against single moments in the arc of a life, from a 1950s adolescence to the birth of the poet's first grandchild. Other poems display a Virgilian pietas for the

dead - friends, neighbours and family - which is yet wholly and movingly vernacular. *Human Chain* also adapts a poetic 'herbal' by the Breton poet Guillevic - lyrics as delicate as ferns, which puzzle briefly over the world of things which excludes human speech, while affirming the interconnectedness of phenomena, as of a self-sufficiency in which we too are included. *Human Chain* is Seamus Heaney's twelfth collection of poems.

- [The Hundred Foot Journey](#)
- [100 Yard Journey](#)
- [The Road](#)
- [Neals Yard Remedies Healing Herbs](#)
- [Twenty Thousand Leagues Under The Sea](#)
- [The Miraculous Journey Of Edward Tulane](#)
- [The Curious Incident Of The Dog In The Night Time](#)
- [Cilkas Journey](#)
- [Pollyanne](#)
- [Harriets Journey From Elm Creek Quilts](#)
- [From Last To First](#)
- [The Big Book Of 100 Outdoor Activities](#)
- [Around The World In 80 Days](#)
- [Sullivans Travels](#)
- [Dirt Road](#)
- [Between The Woods And The Water](#)
- [Hurricane](#)
- [Scotland Yards History Of Crime In 100 Objects](#)
- [Yay Youre Gay Now What](#)
- [Elm Creek Quilts](#)
- [Human Chain](#)
- [The Center Cannot Hold](#)
- [The Tattooist Of Auschwitz](#)
- [Meal Prep In An Instant](#)
- [Scotland Yards Flying Squad](#)
- [The Words In My Hands](#)
- [The Book Thief](#)
- [The Cowkeepers Wish](#)
- [Neals Yard Remedies Eat Beautiful](#)
- [Silas Marner Illustrated](#)
- [The Buddhist On Death Row](#)
- [The 100 Yard Journey](#)
- [Vroom With A View](#)
- [Like Water For Chocolate](#)
- [The Book Of Nothing](#)
- [A Time Of Gifts](#)
- [Sam Dave Dig A Hole](#)
- [Voyage Of Mercy](#)
- [Entangled Life](#)
- [The Monk Of Mokha](#)