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Why Faith Matters Why Be Jewish? Making Loss Matter David Floating Takes Faith Teaching Your Children About God Making Prayer Real Behavior Therapy in Psychiatric Practice In Speech and in Silence Jewish Men Pray Master of the Game Jewish Theology in Our Time Jewish Wisdom The Role of Complementary and Alternative Medicine As a Driven Leaf In Speech and in Silence A Time to Mourn, a Time to Comfort Healer of Shattered Hearts Why Religions Matter The Torah Revolution God According to God A Voyage to Arcturus (□□□□□) Abraham Joshua Heschel Stefan Wolpe and the Avant-Garde Diaspora Humanism and Behaviorism Theories of Race and Ethnic Relations Becoming Jewish Behavior Therapy Techniques American Jewish Thought Since 1934 God's To-do List Jewish Spiritual Parenting Faith Transformed The Male Body in Ultra-Orthodox Jewish Theology The Secret Chord Why Be Jewish? David The Dream of Zion Handbook of Social and Evaluation Anxiety Teaching Your Children about God Waiting for God

How does Ultra-Orthodox Jewish literature describe the male body? What does the body represent? What is the ideal male body? This book is a philosophical-theological exploration of the different images of the male body in Ultra-Orthodox literature since the holocaust. The body is not incidental to this community but is the axis by which it tries to understand its meaning and its role in life. In the first part of the book, Yakir Englander explains

the “problem of the body” and the different ways that Ultra-Orthodox theology deals with it. These different and even contradictory voices can teach the reader about the shifting of ideas inside Ultra-Orthodox thought in the last decades. The second part of the book focuses on the image of the ideal body and describes how the rabbis train their bodies to reach ultimate form. “This is as important a book on this subject as I recall ever having read.” — Huston Smith “Brilliant.... Schroeder’s book demands the attention of anyone who wonders if God must be exiled from the modern, enlightened mind.” — David J. Wolpe, author of *Why Faith Matters* In his first book since 2002’s acclaimed *The Hidden Face of God*, popular scientist Gerald Schroeder combines decades of scientific research and biblical study to present a groundbreaking new paradigm of how to understand God. Readers of Jack Miles’ *God: A Biography*, Francis Collins’s *The Language of God*, and Richard Friedman’s *Who Wrote the Bible* will find much to contemplate in *God According to God*. John Bowker demonstrates why we need to examine both negative and positive aspects of religion to understand religion in the modern world. At the center of the debate over complementary and alternative medicine--from acupuncture and chiropractic treatments to homeopathy and nutritional supplements--is how to scientifically measure the effectiveness of a particular treatment. Fourteen scholars from the fields of medicine, philosophy, sociology, and cultural and folklore studies examine that debate, and the clash between growing public support and the often hostile stance of clinicians and medical researchers. Proponents and critics have different methodologies and standards of evidence--raising the question of how much pluralism is acceptable in a medical context--particularly in light of differing worldviews and the struggle to define medicine in the modern world. The contributors address both the methodological problems of assessment and the conflicting cultural perspectives at work in a patient's choice of

treatment. Sympathetic to CAM, the contributors nonetheless offer careful critiques of its claims, and suggest a variety of ways it can be taken seriously, yet subject to careful scrutiny.

Humanism and Behaviorism: Dialogue and Growth explores issues in humanistic and behavioristic approaches to personality change. It seeks to: demonstrate the value of a dialogue between humanism and behaviorism; clarify controversies between the two approaches; evaluate the strengths and weaknesses of each approach; and show the potential of syntheses between parts of each approach to develop new and useful integrations. This book is comprised of 20 chapters and begins with an overview of the state of humanism and behaviorism and the controversies that have divided them, along with the possible frameworks for combining the two. The next section focuses on the person, techniques of therapy, and therapist control. Behavior therapy as a humanitarian enterprise is considered. Subsequent chapters assess the effectiveness of humanistic and behavioristic approaches to personality change and the compatibilities between them. The theory of affective behaviorism and its application to effectively teach children with behavior problems to develop self-control is described. Self and personality are also discussed from humanistic and behavioristic viewpoints. Finally, some possible directions for the future of humanism and behaviorism are suggested. This monograph should be useful to undergraduate and graduate students in clinical and personality psychology; to those who intend to do research in and/or practice psychotherapy; and to academicians and professionals in psychology, philosophy, psychiatry, social work, and counseling. This book brings together internationally known scholars from a wide range of disciplines and theoretical traditions, all of whom have made significant contributions to the field of race and ethnic relations. As well as identifying important and persistent points of controversy, the collection reveals a complementary and multifaceted approach to theorisation. The theories represented

include contributions from the perspective of sociology. These range from the established perspectives of Marx and Weber through to the more recent interventions of rational choice theory, symbolic interactionism and identity structure analysis. "Of all the figures in the Bible, David arguably stands out as the most perplexing and enigmatic. He was many things: a warrior who subdued Goliath and the Philistines; a king who united a nation; a poet who created beautiful, sensitive verse; a loyal servant of God who proposed the great Temple and founded the Messianic line; a schemer, deceiver, and adulterer who freely indulged his very human appetites. David Wolpe ... takes a fresh look at biblical David in an attempt to find coherence in his seemingly contradictory actions and impulses. The author questions why David holds such an exalted place in history and legend, and then proceeds to unravel his complex character based on information found in the book of Samuel and later literature. What emerges is a fascinating portrait of an exceptional human being who, despite his many flaws, was truly beloved by God."--Publisher's web site. Of all the figures in the Bible, David arguably stands out as the most perplexing and enigmatic. He was many things: a warrior who subdued Goliath and the Philistines; a king who united a nation; a poet who created beautiful, sensitive verse; a loyal servant of God who proposed the great Temple and founded the Messianic line; a schemer, deceiver, and adulterer who freely indulged his very human appetites. David Wolpe, whom Newsweek called "the most influential rabbi in America," takes a fresh look at biblical David in an attempt to find coherence in his seemingly contradictory actions and impulses. The author questions why David holds such an exalted place in history and legend, and then proceeds to unravel his complex character based on information found in the book of Samuel and later literature. What emerges is a fascinating portrait of an exceptional human being who, despite his many flaws, was truly beloved by God. In *Why Faith Matters*,

Rabbi David J. Wolpe blends the powerful personal story of his struggles with his own faith with a poignant response to the new atheists that reveals just how important faith in modern society. With a foreword by Rick Warren, New York Times bestselling author of *The Purpose Driven Life*, *Why Faith Matters* is an articulate and much-needed nondenominational defense of established religion in America by the man Newsweek magazine named the #1 Pulpit Rabbi in America. Traditionally, Christian churches have taught that the validity of Judaism came to an end with the emergence of Christianity. But in the last half-century, many Christians have repudiated this teaching and have affirmed the abiding validity of Judaism. Consequently, they have had to reevaluate Christian self-understanding in relation to Judaism. In *Faith Transformed*, Christian scholars who have been at the forefront of Christian-Jewish relations share how their encounters with Jews and Judaism have transformed their understanding and practice of Christianity. They reveal how their Christian faith has been profoundly enriched by drawing inspiration from the Jewish tradition. A powerful and challenging examination of what Jews believe today by a new generation's dynamic and innovative thinkers. New in Paperback! At every critical juncture in Jewish history, Jews have understood a dynamic theology to be essential for a vital Jewish community. This important collection sets the next stage of Jewish theological thought, bringing together a cross section of interesting new voices from all movements in Judaism to inspire and stimulate discussion now and in the years to come. Provocative and wide-ranging, these invigorating and creative insights from a new generation's thought leaders provide a coherent and inspiring picture of Jewish belief in our time. The passionate voices of a new generation of Jewish thinkers continue the dialogue with God, examining the dynamics of what Jews can believe today. They explore: ¿ A dynamic God in process ¿ The canon of Jewish literature and its potential to be both contemporary and authentic to tradition ¿ Critical terms and

categories for discussing Jewish theology ∫ The ongoing nature of the Jewish search for God ∫ Ruptures within the modern Jewish condition ∫ And much more In a work of remarkable clarity and wisdom, Rabbi Wolpe confronts a central dilemma of modern Judaism, combining his deep knowledge of ancient tradition with modern sensibilities to show contemporary Jews that God still speaks to them--to their daily struggles, angers, fears, and needs, offering comfort and inspiration. Becoming Jewish is an engaging, accessible, all-inclusive step-by-step guide to converting to Judaism that introduces readers to finding life's meaning through the evolving religious civilization that is Judaism. Written with humor and heart, readers learn the ins and outs of becoming Jewish and discover the wonder that is the language, literature, history, rituals, food, music, and culture of contemporary Jewish life. Behavior Therapy in Psychiatric Practice presents a list of problems dealt with in the field of psychiatry, psychology, and sociology. These issues are identified and effective therapies are suggested. Such deviant behaviors as drug addiction, irrational fears or phobias, obsessive compulsion, and sexual deviations are covered in the book. The book discusses the experience of a real patient as a case sample and states the mode of therapy that cured the patient's abnormality. A section of the book describes the process of non-verbal factors of assertive training. Assertive training is a form of explicit verbal message modification. A chapter of the text shows the correlational study of assertiveness and anxiety. The diagnosis and treatment of Depression is fully covered. A type of therapy which is called the Family Contracting Exercise is described and taught. The book will provide useful information to psychologists, psychiatrists, therapists, students and researchers in the field of psychology. Intro -- Contents -- Foreword -- Acknowledgments -- Introduction -- I. God -- 1. Mordecai M. Kaplan, The Future of the American Jew -- 2. Abraham Joshua Heschel, Man Is Not Alone -- 3. Hans Jonas, "The Concept of God After Auschwitz: A Jewish Voice" -- 4. Richard L.

Rubenstein, After Auschwitz -- 5. Eliezer Berkovits, Faith After the Holocaust -- 6. Erich Fromm, You Shall Be as Gods -- 7. Marcia Falk, "Notes on Composing New Blessings: Toward a Feminist-Jewish Reconstruction of Prayer" -- 8. Edward L. Greenstein, "'To You Do I Call': A Critique of Impersonal Prayer" -- 9. Sandra B. Lubarsky, "Reconstructing Divine Power" -- 10. Rebecca Alpert, "Location, Location, Location: Toward a Theology of Prepositions" -- II. Revelation and Commandment -- 11. Marvin Fox, The Condition of Jewish Belief -- 12. Aharon Lichtenstein, The Condition of Jewish Belief -- 13. Will Herberg, Judaism and Modern Man -- 14. Jakob J. Petuchowski, "Revelation and the Modern Jew" -- 15. Joseph B. Soloveitchik, Halakhic Man -- 16. Benjamin H. Sommer, Revelation and Authority -- 17. Tamar Ross, Expanding the Palace of Torah -- 18. Eugene B. Borowitz, Renewing the Covenant -- 19. Susan Handelman, "'Crossing and Recrossing the Void'" -- 20. David Novak, "Is the Covenant a Bilateral Relationship?" -- 21. Rachel Adler, Engendering Judaism -- 22. Mara H. Benjamin, The Obligated Self -- III. Spirituality -- 23. Arnold Jacob Wolf, "Against Spirituality" -- 24. Joseph B. Soloveitchik, Halakhic Man -- 25. Abraham Joshua Heschel, The Sabbath -- 26. Arthur Green, Jewish Spirituality/Seek My Face, Speak My Name -- 27. Daniel C. Matt, God and the Big Bang -- 28. Zalman Schachter-Shalomi, Paradigm Shift -- 29. Marcia Prager, The Path of Blessing -- 30. Nancy Flam, "Healing the Spirit" -- 31. Arthur Waskow, Down-to-Earth Judaism -- 32. Sheila Weinberg, "Images of God: Closeness and Power". "What on earth are you here for? To do the tasks that God has for you.... You can call someone who is lonely. You can visit a friend who is sick. You can read a book to a child. You can comfort a mourner. You can volunteer your time. You can make a difference. You can give of your self-a self that is infused with godliness." Why are so many baby boomers tuned into a quest for spirituality? How did growing up with the Bomb influence a generation's view of science and spirit? What effects did psychedelic drugs have on

American spirituality? What is the difference between open-mindedness and gullibility? Is God a necessary part of a religious life? Is atheism merely a negation of religious belief, or is it something more? Waiting for God challenges us to become the God we seek: Like Prometheus, Bush steals the Heavenly Fire, and treasures a vision of planting it in his own heart and the hearts of his fellow men. Waiting for God offers a probing look at the generational factors - growing up with the Bomb, psychedelic drugs, environmental crisis, and more - that led the Woodstock generation down the path of spirituality. Waiting for God grasps, from an atheist's perspective, the sense of human interconnection that defines contemporary spirituality and poses challenges for skeptics and humanists to provide spiritual leadership in a hungry age. The Torah is the foundation stone of Jewish existence. Embedded within these teachings of Moses are core concepts that radically transformed the important religious insights of the patriarchs into a dynamic new religion that would go on to influence the world. This religion of Israel yielded a new way of understanding God and the meaning of the human life. Some of these concepts have never been fully realized, some have gone unrecognized, and many are obscured under so many layers of interpretation that the original vision is difficult to discern. In this accessible look at these revolutionary teachings of Moses, Dr. Reuven Hammer presents fourteen radical ideas found in Torah, explains their original intentions, and shows how understanding these "truths" can help you better understand the narrative and laws of Judaism. Dr. Hammer shows you that when taken together, these value concepts present a picture of the world and human life that is surprisingly modern and relevant: humani In a series of moving meditations, the author of *The Jewish Spectator* probes the spiritual uses of prayer and looks at a subject as ancient as the tradition that embraces it and as modern as the universal need to connect. "Eloquent and impassioned".--Harold S. Kushner. When, if ever, should lying be permitted? If you've

damaged a person's reputation unfairly, can the damage be undone? Is a person who sells weapons responsible for how those weapons are used? if the fetus is not a life, what is it? How, as an adult, can one carry out the command to honor one's parents when they make unreasonable demands? What are the nine biblical challenges a good person must meet? What do the great Jewish writings of the last 3,500 years tell us about these and all other vital questions about our lives? Rabbi Joseph Telushkin has devoted his life to the search for answers within the teachings of Judaism. In *Jewish Wisdom*, Rabbi Telushkin, the author of the highly acclaimed *Jewish Literacy*, weaves together a tapestry of stories from the Bible and Talmud, and the insights of Jewish commentators and writers from Maimonides, Rashi, and Hillel to Einstein, Isaac Bashevis Singer, and Elie Wiesel. A richer source of crucial life lessons would be hard to imagine. Accompanying this extraordinary compilation is Telushkin's compelling commentary, which reveals how these texts continue to instruct and challenge Jews and all people concerned with leading ethical lives today. As he discusses these texts, Rabbi Telushkin addresses issues of fundamental interest to modern readers: how to live with honesty and integrity in an often dishonest world; how to care for the sick and dying; how to teach children to respect both themselves and others, how to understand and confront such great tragedies as antisemitism, and the Holocaust; what God wants from humankind. Within *Jewish Wisdom*'s ninety chapters the reader will find extended sections illuminating Jewish perspectives on sex, romance, and marriage, what kind of belief in God a Jew can have after the Holocaust, how to use language ethically, the conflicting views of the Bible and Talmud on the death penalty, and much, much more. *Jewish Wisdom* adds a new dimension to the many widely read contemporary books that retell the stories and reveal the essence of classic religious and secular literature. Possibly the most far-ranging volume of stories and quotations from Jewish texts, *Jewish Wisdom* will itself

become a classic, a book that not only has the capacity to transform how you view the world, but one that well might change how you choose to live your life. Edgar M. Bronfman's clarion call to a generation of secular, disaffected, and unaffiliated Jews, this book addresses the most critical question confronting Judaism worldwide. Completed in December 2013, just weeks before he passed away, WHY BE JEWISH? expresses Edgar Bronfman's awe, respect, and deep love for his faith and heritage. Bronfman walks readers through the major tenets and ideas in Jewish life, fleshing out their meaning and offering proof texts from the Jewish tradition gleaned over his many years of study with some of the greatest teachers in the Jewish world. With honesty, poignancy, and passion, Bronfman shares In WHY BE JEWISH? insights gleaned from his own personal journey and makes a compelling case for the meaning and transcendence of a secular Judaism that is still steeped in deep moral values, authentic Jewish texts, and a focus on deed over creed or dogma. "Blessed be God Who spoke, and the world came into being." In the Jewish tradition, the world is created by words. Judaism ascribes an almost mystical power to language. Indeed, the central sacred object in Judaism is the book, the Torah. Words form a pathway between people and God. And yet, if words are the avenue of spirituality, silence is the destination. Silence signals our connection to the sublime. When we feel so deeply that words fail us, we are as close to God's presence as it is possible for humankind to be. Now, in a deeply moving series of meditations, David Wolpe explores how each of us can use the complexity of language and the simplicity of silence to reach toward God. Writing with the same mastery of sources that so distinguished his first book and with the same beauty of language that made that work a joyful and powerful experience, Rabbi Wolpe brings his compassionate intelligence to bear on a subject as ancient as the tradition that embraces it and as modern as our universal need to connect. Describes the Jewish approach to

death and dying, funerals, and mourning customs, including specifics for funeral preparations and preparing the home and family to sit shiva, with information for mourners and comforters alike. Reissue. Spiritually nourishing approaches to help you become more insightful, inspired parents and raise soulfully engaged children. Kipnes and November share their hard-won parenting techniques and spirit-filled activities, rituals and prayers to help you cultivate strong Jewish values and cherished spiritual memories in your own family. "All beginnings require that you unlock new doors."--Rabbi Nachman of Bratslav In this short and inspiring text, Rabbi David J. Wolpe addresses all who seek to enlarge the spiritual side of their lives. For those considering a return to the faith of their forebears, for those drawn to conversion, *Why Be Jewish?* is a learned, graceful, and welcoming introduction beckoning readers into the heart of this venerable and enduring religion. *Teaching Your Children About God* is a book that reaches out to those who yearn to offer their children something more than the mere material, who know that a good life and a good person derive as much from the growth of the spirit as from the world's more tangible gifts. Because many of today's parents were raised with no formal religious training, they know little of the texts and rituals. Sensing their own neediness yet wanting to nurture their children's spirituality, they search their hearts and memories only to come up empty-handed. Now, for all these parents, Rabbi Wolpe offers a pathway into the tradition. In clear and welcoming language, he explains the important themes in Judaism and shows the many ways the religion can be passed on. Instructive and reassuring, his words offer invaluable insights into children's spiritual needs, enabling a parent to see again as a child, to understand children's fears, dreams, and hopes. Join over fifty Jewish spiritual leaders from all denominations in a candid conversation about the why and how of prayer: how prayer changes us and how to discern a response from God. In this fascinating forum, they share the challenges of

prayer, what it means to pray, how to develop your own personal prayer voice, and how to rediscover meaning and God's presence in the traditional Jewish prayer book. Book jacket. The Dream of Zion tells the story of the Jewish political effort to restore their ancient nation. At the First Zionist Congress in Basel, Switzerland, in August 1897 Theodor Herzl convened a meeting that founded what became the World Zionist Organization. As debates continue to swirl around Israel, this book opens a window into its founding. "A page turner. . .Brooks is a master at bringing the past alive. . .in her skillful hands the issues of the past echo our own deepest concerns: love and loss, drama and tragedy, chaos and brutality." - Alice Hoffman, The Washington Post A rich and utterly absorbing novel about the life of King David, from the Pulitzer Prize-winning author of People of the Book and March. With more than two million copies of her novels sold, New York Times bestselling author Geraldine Brooks has achieved both popular and critical acclaim. Now, Brooks takes on one of literature's richest and most enigmatic figures: a man who shimmers between history and legend. Peeling away the myth to bring David to life in Second Iron Age Israel, Brooks traces the arc of his journey from obscurity to fame, from shepherd to soldier, from hero to traitor, from beloved king to murderous despot and into his remorseful and diminished dotage. The Secret Chord provides new context for some of the best-known episodes of David's life while also focusing on others, even more remarkable and emotionally intense, that have been neglected. We see David through the eyes of those who love him or fear him—from the prophet Natan, voice of his conscience, to his wives Mikhal, Avigail, and Batsheva, and finally to Solomon, the late-born son who redeems his Lear-like old age. Brooks has an uncanny ability to hear and transform characters from history, and this beautifully written, unvarnished saga of faith, desire, family, ambition, betrayal, and power will enthrall her many fans. Scottish novelist David Lindsay (1876-1945) was born to a middle-

class Calvinist family, forced by poverty to work as an insurance clerk instead of attending university, and at the age of forty took up the cause and worked his way to Corporal of the Royal Army Pay Corps in World War I. After the war he moved to Cornwall with his wife and began writing full-time, publishing his first novel, "A Voyage to Arcturus," in 1920. Although the science fiction novel initially sold less than six hundred copies, it has come to be known as a major "underground" novel of the 20th century, and heavily influenced C.S. Lewis's "Out of the Silent Planet." The story is set at Tormance, an imaginary planet orbiting Arcturus, where an adventurous Scot named Muskall has travelled and where he encounters myriad characters and lands that reflect Lindsay's critique of various philosophical systems.

A biography of the rabbi Abraham Joshua Heschel, who became a symbol of the marriage between religion and social justice "When I marched in Selma, I felt my legs were praying." So said Polish-born American rabbi Abraham Joshua Heschel (1907-1972) of his involvement in the 1965 Selma civil rights march alongside Martin Luther King Jr. Heschel, who spoke with a fiery moralistic fervor, dedicated his career to the struggle to improve the human condition through faith. In this new biography, author Julian Zelizer tracks Heschel's early years and foundational influences—his childhood in Warsaw and early education in Hasidism, his studies in late 1920s and early 1930s Berlin, and the fortuitous opportunity, which brought him to the United States and saved him from the Holocaust, to teach at Hebrew Union College and the Jewish Theological Seminary. This deep and complex portrait places Heschel at the crucial intersection between religion and progressive politics in mid-twentieth-century America. To this day Heschel remains a symbol of the fight to make progressive Jewish values relevant in the secular world.

A perceptive and provocative history of Henry Kissinger's diplomatic negotiations in the Middle East that illuminates the unique challenges and barriers Kissinger and his successors have

faced in their attempts to broker peace between Israel and its Arab neighbors. "A wealth of lessons for today, not only about the challenges in that region but also about the art of diplomacy . . . the drama, dazzling maneuvers, and grand strategic vision."—Walter Isaacson, author of *The Code Breaker* More than twenty years have elapsed since the United States last brokered a peace agreement between the Israelis and Palestinians. In that time, three presidents have tried and failed. Martin Indyk—a former United States ambassador to Israel and special envoy for the Israeli-Palestinian negotiations in 2013—has experienced these political frustrations and disappointments firsthand. Now, in an attempt to understand the arc of American diplomatic influence in the Middle East, he returns to the origins of American-led peace efforts and to the man who created the Middle East peace process—Henry Kissinger. Based on newly available documents from American and Israeli archives, extensive interviews with Kissinger, and Indyk's own interactions with some of the main players, the author takes readers inside the negotiations. Here is a roster of larger-than-life characters—Anwar Sadat, Golda Meir, Moshe Dayan, Yitzhak Rabin, Hafez al-Assad, and Kissinger himself. Indyk's account is both that of a historian poring over the records of these events, as well as an inside player seeking to glean lessons for Middle East peacemaking. He makes clear that understanding Kissinger's design for Middle East peacemaking is key to comprehending how to—and how not to—make peace. Many parents find it easier to talk to their children about sex and other intimate matters than to answer questions about God, prayer, good, and evil. In fact, parents may feel they don't know the answers to such questions for themselves, much less for their young children. In *Teaching Your Children About God*, Rabbi David Wolpe shows Jewish parents how to openly explore the idea of God with their children. Through poignant anecdotes and practical exercises, Wolpe teaches how parents can guide children in the practice of prayer

and create an atmosphere in which children feel comfortable questioning and wondering about God, life, and death. Wolpe also offers invaluable insights into children's spiritual needs, reveals the powerful effect faith can have on a child's self-esteem, and enables parents to understand their children's fears, dreams, and hopes. Perhaps most important, this wise and potentially life-changing book shows parents who may feel something missing in their own spiritual lives that it is possible to nourish their own souls even as they nurture their children's. Cohen traces a history of modernism in migration through the composer Stefan Wolpe, from the Bauhaus to Black Mountain College. Relates the story of Elish ben Abuyah, a talmudic rabbi who turns to Greek philosophy in his search for a rational explanation for religious faith, is excommunicated by the Sanhedrin, and betrays his former associates in the rabbinate to the Romans. We are taught to study, to learn, and to let ourselves grow Jewishly. But where does being the people of the book get us in the real world? David Wolpe's collection of essays responds to this question by exploring how Jewish values, such as scholarship and compassion, together with Jewish practice, enhance an individual's private and public life. How does Shabbat help deflect us from the pressures of the societal rat-race? How can Jewish learning subdue political unrest? Rabbi Wolpe draws the lessons of this collection from a variety of religious and historical sources, finding the importance of Israel in a Robert Frost poem, the nature of God in the words of Beowulf, and parenting lessons in the fatherly techniques of King David. The essays address diverse topics ranging from assimilation to Zionism to Jewish concepts of life and death. Rabbi Wolpe asks the questions, sometimes profound, sometimes light-hearted, that challenge us to consider how we live as Jews, how our Jewish lives are influenced by our secular surroundings, and how we can develop our Jewish souls by continuing to learn from new sources while remaining open to spiritual growth. Some of these questions include: Is it wrong to admire Kant, Voltaire, and

Roald Dahl if they were anti-Semitic? How can we reconcile our American family traditions with our Jewish family traditions? In an evolutionary debate, do God and Steven Pinker stand behind opposite podiums? Do we need such a thing as a Jewish home? A Jewish homeland? Why does Walt Whitman think we should stay awake during the rabbi's sermon? What lessons of aging gracefully can we learn from Rabbi Akiba and Grandma Moses? An ideal gift for teachers, Confirmation students, grads, and new families that join the congregation. Making loss matter -- Home -- Dreams -- Self -- Love -- Faith -- Life. For a long time I have wanted to put together a book about social and evaluation anxiety. Social-evaluation anxiety seemed to be a stressful part of so many people's everyday experience. It also seemed to be a part of so many of the clinical problems that I worked with. Common terms that fit under this rubric include fears of rejection, humiliation, criticism, embarrassment, ridicule, failure, and abandonment. Examples of social and evaluation anxiety include shyness; social inhibition; social timidity; public speaking anxiety; feelings of self-consciousness and awkwardness in social situations; test anxiety; performance anxiety in sports, theater, dance, or music; shame; guilt; separation anxiety; social withdrawal; procrastination; and fear of job interviews or job evaluations, of asking someone out, of not making a good impression, or of appearing stupid, foolish, or physically unattractive. In its extreme form, social anxiety is a behavior disorder in its own right social phobia. This involves not only feelings of anxiety but also avoidance and withdrawal from social situations in which scrutiny and negative evaluation are anticipated. Social-evaluation anxiety also plays a role in other clinical disorders. For example, people with agoraphobia are afraid of having a panic attack in public in part because they fear making a spectacle of themselves. Moreover, even their dominant fears of going crazy or having a heart attack seem to reflect a central concern with social abandonment and isolation. A celebration of Jewish men's voices in prayer - to strengthen, to

heal, to comfort, to inspire. This collection of prayers celebrates the variety of ways Jewish men engage in personal dialogue with God - with words of praise, petition, joy, gratitude, wonder, and even anger - from the ancient world up to our own day. Drawn from mystical, traditional, biblical, Talmudic, Hasidic, and modern sources, these prayers will help deepen Jewish men's relationship with God and help guide their journey of self discovery, healing and spiritual awareness. Together they provide a powerful and creative expression of Jewish men's inner lives, and the always revealing, sometimes painful, sometimes joyous - and often even practical - endeavor that prayer can be. Jewish Men Pray will challenge preconceived ideas about prayer. It will inspire readers to explore new ways of prayerful expression, new paths for finding the sacred in the ordinary, and new possibilities for understanding the Jewish relationship with the Divine. This is a book to treasure and to share.

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